

# The Cost of Long-term Care and how to pay for it

Someone turning age 65 today has an almost 70% chance of needing some type of long-term care services and support in their remaining years. For many, the cost will place a burden on their finances, with already high costs expected to rise on average over 30% in the next decade:



<b>In-Home Care</b>		
Monthly Costs:	Home Maker Services	Home Health Aide
2023	\$5,720	\$6,292
2033	\$7,657	\$8,456

<b>Community and Assisted Living</b>		
Monthly Costs:	Adult Day Health Care	Assisted Living Facility
2023	\$2,058	\$5,350
2033	\$2,766	\$7,190

<b>Nursing Home Facility</b>		
Monthly Costs:	Semi-Private Room	Private Room
2023	\$8,669	\$9,733
2033	\$11,650	\$13,080

SOURCE: Genworth Cost of Care Survey, December 2023

## Your SRES® Real Estate Professional can help

The funds for long-term care can come from financial instruments such as immediate annuities, from government programs such as Medicaid and Veterans benefits, from long-term care insurance, from personal savings and investments and even from a reverse mortgage if the senior is choosing to age in place.

For many seniors, because their home is one of their most valuable assets, the proceeds of the sale of a home can be a primary source of funds for long-term care. This may be especially appropriate if they are considering moving to a long-term care facility or other location that better suits their changing needs. You'll be comforted in knowing that your SRES® Real Estate Professional has the focus and experience in helping seniors with these types of real estate needs.